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**Adult Day Center of
Somerset County**

Press Release

Adult Day Center of Somerset County Celebrates Horticultural Therapy Week with Special Guests

Bridgewater, NJ, April 12, 2019 – The ADC celebrated Horticultural Therapy Week during its Horticultural Connections Workshop on March 19th. Special guests were: Constituent & Outreach Director Rachel Frisch and Dana Walter from Assemblyman Roy Freiman's office (NJ District 16); Chief of Staff Crystal Pruitt from Assemblyman Andrew Zwicker's office (NJ District 16); Dawn Higgins, Constituent Liaison from Senator Michael Doherty's office (NJ District 23); Chief of Staff Dan Hirshberg, from Assemblyman John DiMaio's office (District 23); Jack Otterbein, Otterbein Landscaping and President of New Jersey Nursery and Landscape Association; and Lori Jenssen, Executive Director, New Jersey Nursery and Landscape Association. All participated in activities presented by Laura DePrado of Final Touch Plantscaping LLC.

New Jersey is the first in the nation to formally designate "Horticultural Therapy Week," initially established by Congress in 2006 to celebrate the endless benefits of connecting people and plants. The ADC has been offering horticultural therapy to its 140 members for the past five years.

About the ADC's participation in Horticultural Therapy Week Diann Robinson, Executive Director explains, "The Adult Day Center has been working with Laura for the past five years and has seen first-hand the beneficial effects of horticultural activities on its members. We are proud to celebrate and acknowledge its importance and honored to celebrate Horticultural Therapy Week with local dignitaries. "

She continued, "Horticultural Therapy is very effective because the people/plant connection proves to be valuable and enjoyable for everyone involved. This is some of our member's favorite activities. Arranging flowers and planting herbs makes everyone happy, and they feel a part of something special."

The Adult Day Center of Somerset County is a non-profit agency committed to providing high-quality, affordable day care services for disabled and elderly residents of Somerset County. Each year, many frail and disabled elderly are institutionalized prematurely or unnecessarily due to the lack of affordable, quality care in our community.

For Release 9 a.m. Wednesday, March 20

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To learn more about the ADC; its HT program; Laura DePrado and Final Touch Plantscaping; or to become a volunteer or donor, please contact Hilary Kruchowy for more information at hilary.kruchowy@adulthoodcenter.org or 908-725-0068.



Pictured left to right (back row) : Lori Jenssen, Executive Director, New Jersey Nursery and Landscape Association; Laura DePrado, Final Touch Plantscaping; Dawn Higgins, Constituent Liaison, Senator Michael Doherty's office (NJ District 23); Jack Otterbein, Otterbein Landscaping and President of New Jersey Nursery and Landscape Association; Rachel Frisch, Constituent & Outreach Director, Assemblyman Freiman (NJ District 16); Crystal Pruitt, Chief of Staff, Assemblyman Andrew Zwicker's office (NJ District 16), Dana Walter from Assemblyman Roy Freiman's office (NJ District 16); Dan Hirshberg, Chief of Staff, Assemblyman John DiMaio's office (District 23). Front row: ADC Members Anna Manna and Jennie Impellizeri (Photo compliments of Adult Day Center)